

## Office Hours

Period	Mon	Tue	Wed	Thur	Fri	Sat	Sun & specified public holiday
10:00am - 1:00pm	◆	◆	◆	◆	◆	◆	
2:00pm - 6:00pm	◆	◆	◆	◆	◆		
7:00pm - 9:30pm			◆				

\*Service will be rendered during non-office hour whenever needs arise.

## Service Fees

Subject to nature of activity, individuals can apply for waiving of service charges. Counselling Services is free of charges.



香港青少年服務處  
HONG KONG CHILDREN & YOUTH SERVICES

## Sane Centre Information Leaflet



## Service Entry and Exit

Service users can come to our office or through telephone enquiry to apply for the services.

The Centre welcomes referral from different parties or organizations. Service users can contact responsible social workers to discuss on withdrawal of any services.

## Introduction

Hong Kong Children & Youth Services is a multi-social service agency. The Agency provides social services including Integrated Family Services, Clinical Psychological Service, Integrated Home Care Services, Small Group Homes, Foster Care Service, Integrated Children & Youth Services Centre, After-School Care Service, Children and Youth Centre School Social Work Service, District Youth Outreaching Social Work Service, Overnight Outreaching Service and Counselling Centre for Psychotropic Substance Abusers.

## Purpose and Objectives of Service

The Centre is a designated service unit providing a continuum of direct community-based non-residential drug treatment and rehabilitation services as well as preventive education services to psychotropic substance abusers (PSAs) and young people at risk. Through a team of professional social workers and medical nursing staff, the Sane Centre is serving Tsuen Wan, Kwai Chung and Tsing Yi districts on a cluster-basis with multi-level social work interventions entailing preventive, developmental, supportive and remedial functions.

The services of Sane Centre are to assist the habitual / occasional / potential PSAs and young people at risk in abstaining from abusing psychotropic substances and developing healthy lifestyle through a wide range of one-stop services like medical check-up, case work, group counseling and referrals to community resources. The Centre endeavors to build up a supportive, caring and healthy community to the youth and service recipient by providing preventive education on awareness of psychotropic drug abuse, professional training, community publicity activities and support. The service also aims at facilitating the significant others of the PSAs, especially their family members, as well as other helping professionals / stakeholders involved in the helping process via a consonance of community organizations and collaboration.

1. To help the PSAs abstain from their drug-taking habit and develop a healthy lifestyle ;
2. To facilitate young people who are at risk on the awareness of impact of drug abuse and assist to prevent them from misuse of drug ;
3. Outreach to the youth gathering places frequently visited by young PSAs for early identification and intervention ;
4. To provide counseling and supportive programmes for family members of PSAs in the process of handling the problems of drug abuse ;
5. To deliver training and support to the community stakeholders and helping professionals in the recovery process of PSAs ;
6. To develop and maintain close multi-disciplinary collaboration with stakeholders in the community like youth services organization, schools, medical and government departments ;
7. To organize preventive community and supportive publicity programmes for parents, secondary students, allied professional organizations, community partners, etc. and to provide expert information and advice, training and case consultation on psychotropic substance abuse.

## Target Group of Service

1. Habitual / occasional / potential Psychotropic Substance Abusers (PSAs).
2. Youth who is at risk and without awareness on impact of psychotropic substance abuse.
3. Significant others of PSAs like family members, schools and employers.
4. Allied helping professionals / stakeholders for treatment and rehabilitation for the PSAs like teachers, social workers, medical professionals and community partners who are concerned with the young psychotropic substance abusers.

## Scope of Service

- Counseling services comprising assessment service, matching of mode of detoxification and relapse prevention
- Therapeutic and supportive group counseling service in recovery process of PSAs
- Counseling group for family members of PSAs
- Supportive services for schools
- Anti-drug public health education / training to schools, community, stakeholders and professionals
- Drop-in and referral services to specialist treatment, Substance Abuse Clinics and/or other mode(s) of drug treatment and rehabilitation programmes
- Outreaching services to the youth gathering places
- Professional training and consultation

## Service Unit

## Sane Centre

Address:  
Units 03-04, 16/F., No. 99 Tai Ho Road,  
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