

How to handle the situation when parents suspect or find their children taking drugs?

- It would be better to talk to him/her sympathetically, express your concern and care while trying to clarify the matter and listen to your child patiently;
- Parents should be mindful of their children's physical condition, appearance, behavioral and mental signs which may have some suspicious circumstances such as frequent urination, sleep disorder, poor appetite, lack of motivation, mood changes, spent most of time staying outside and affect school academic or working performance;
- It is important to keep calm, control your emotions and avoid using insulting words to blame them;
- Systematic and patient guidance would help your child to express and reveal himself/herself more deeply and you could then help him/her to solve problems;
- Parents should build up trust relationship with their children. They should encourage and accompany their children to seek help and advice from professionals or drug rehabilitation agencies. Parents should provide support to their child to receive the counselling and follow-up the mental and health problems which induced by drugs.

Office Hours

Monday to Friday	10am to 1pm
	2pm to 6pm
Wednesday	7pm to 9:30pm
Saturday	10am to 1pm
Sunday & Public Holidays	Closed

Services may be arranged out of office hours

Related Community Resources

Prince Margaret Hospital	2990 1111
Yan Chai Hospital	2417 8383
Kwai Chung Hospital	2990 3000
Kwai Chung Hospital Substance Abuse Assessment Clinic	2959 8082
United Christian Nethersole Community Health Service (Jordan Health Centre)	2783 7628
Anti-Drug Telephone Enquiry Service	186 186

Correspondence

Address: Units 03-04, 16/F., No.99 Tai Ho Road,

Tsuen Wan, N.T.

Hong Kong Children & Youth Services

Sane Centre Office

Telephone: 2402 1010

Fax: 2614 2695

E-mail: sane@hkcs.org.hk

Web: www.sanecentre.net



香港青少年服務處
HONG KONG CHILDREN & YOUTH SERVICES

Sane Centre

Medical Support Service



Introduction

Hong Kong Children & Youth Services Sane Centre aims at providing appropriate medical services and support to those psychotropic substance abusers who are living at Tsuen Wan, Kwai Chung and Tsing Yi districts. The services consist of mental health assessment, basic physical check-up, referral to designated medical specialists and psychological counseling service if needed.

Objective

1. To increase the determination of service users to abstain from abuse of psychotropic substances and reinforce their confidence to receive abstinence plan as early as possible, to reduce the harmful effects to the body and to rebuild a healthy life in the community.
2. For those who are in the early stage of developing psychiatric problems, to help change the drug abusing behavior and provide timely medical intervention ; and
3. For general youth and community, to help educate the potential harms caused by drug abusing.

Target group

1. For medical consultation service: Occasional and potential Psychotropic Substance Abusers (PSAs) with weak motivation to received or sustain on counseling rehabilitation process; and PSAs who are at early stage of developing psychiatric problems.
2. For anti-drug public health education talks: General youth population and general community.

Medical Service Flowchart

